Relation of Socio-Economic Status of Parents and Peers on Cigarette Smoking Behavior of Teenagers in Secondary Schools for Boys in Bnaslawa District

Kareem F. Aziz*    Baktyar Hosman**    Dara Abdulla***

ABSTRACT

Background and aim: cigarette smoking is the main cause for preventable diseases and early death, so the economic status of parents and peers may affect smoking habit for adolescent. Smoking habit may cause more than 5 million deaths each year. Smoking habit may increase the risk of heart disease, respiratory disease, and more than 10 different forms of cancer. The study aimed to identify association between smoking habit and economic status of parents, peers with smoking habit of teenagers.

Materials and method: It is a descriptive study, it began in 1-1-2016 to 1-4-2016. Sample size was 99 teenagers from secondary school of Bnaslawa in Erbil, the standard questionnaire was used for data collection by self report and included socio demographic data for teenagers and question related to smoking habit and economic status. The permission was taken from general directorate of education and approval from nursing college and the questionnaire was viewed to panel of experts in nursing field, and SPSS program version 20 was used for data analysis.

Results: The study indicated that most of teenagers single 88.9%, 5th class 52.5%, non-smokers 51.5%, most of parents from midum economic 54.5%, most of peers from low economic 52.5%, there was significant association between type of family of parents, peers with smoking habit of teenagers 0.0.34 and with address of peers with smoking habit of teenagers while there was no significant association between class, father occupation and family status with smoking habit of teenagers 0105, 0.912.

Conclusion: There was high significant association between parent smokers and smoking habit among teenagers, significant association between type of family and their smoking habit, while there was not significant association between class, father occupation and family status with smoking habit of teenagers 0105, 0.912.

Recommendations: depending of the outcomes of the study the researchers recommended to do health education about health risk of smoking habit for parents, peers and teenagers through mass media, seminars, newspapers.

Keywords: peers, parents, economic status, smoking habit.

* Assistant Professor / Tel: 07504549298 / E. mail: drkareem2009@yahoo.com
** Assistant Lecturer / Tel:07504946397 / E. mail: baktiar85@yahoo.com
*** Assistant Lecturer / Tel:07504488180 / Email: daraaq@yahoo.com